

ABOUT

# Hoppi



is a Medicine Woman and has been helping people heal for nearly three decades. She works with Creativity, Nature, Sound Vibration & Music, Sacred Ceremony and Profound Healing Plants. After co-creating the world renowned Lammas Eco-village in 2009, she founded the Lammas Earth Centre with her life partner Tao. Hoppi has been living a life of real balance and deep harmony with Mother Nature for over a decade and this journey has birthed The School of Natural Shamanism.

### Study with The School of Natural Shamanism

Applications welcome for a February start each year. 16 places max. to ensure quality and depth of experience throughout your training.

15 month Accredited Natural Shamanism Practitioner Training.



“My life has transformed in ways I couldn't even believe was possible. Hoppi is a gifted healer & teacher and I would recommend her to everyone.”

CEREMONIES & RETREATS



Most Retreats & Ceremonies are run at Hoppi's beautiful home at the Lammas Earth Centre in West Wales.

For more information please visit:

[www.hoppiwimbush.com](http://www.hoppiwimbush.com)

[www.lammasearthcentre.co.uk](http://www.lammasearthcentre.co.uk)



Or to enquire please email:

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Please be mindful of the words used in your communications.



# Hoppi Wimbush

Natural Shamanism Practitioner Training

“In Natural Shamanism there is only one Teacher... and that is Nature. The shamanic approach is perhaps the oldest spiritual practice on the planet in which human beings the world over have sought connection with creation. There is no dogma, no written scriptures and no rules. Nature is our inner and outer worlds... there is no separation. Nature is One.”

Natural Shamanism is a profound path of self development and spiritual growth. It involves growing into a Conscious human being who walks in Sacred balance, with integrity, wisdom and full heart, connected with the pulse of a practical, respectful, naturally aligned life.



- Working with Shamanic Tools for profound healing
- Creating Safe & Sacred working practices
- Designing & Holding Sacred Ceremony
- Healing with Hoppi's Energy Healing Map
- Connecting with Minerals, Plants, Animals and Place
- Clearing & Blessing with Aroma and Fragrance
- Cleansing & Balancing with energy amplifiers
- Living in balance with the Four Elements within
- Aligning in Sacred Source



“Shamanism is for people who feel called to heal themselves and truly serve in Life. It's for people who intend to take full responsibility for thoughts, actions and words and create and weave beauty, balance, love, truth and peace in the world.”

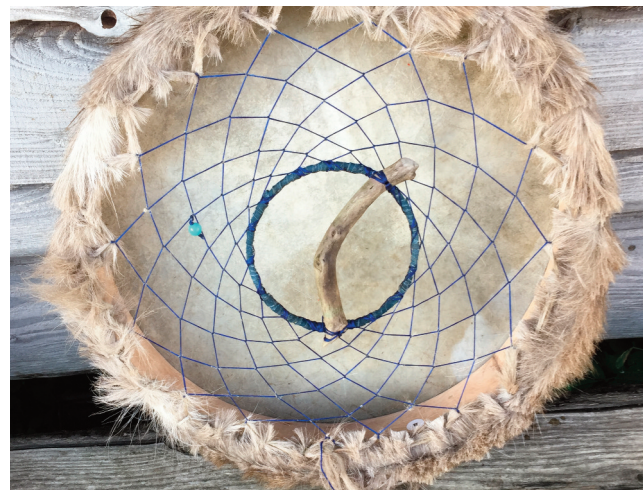
**Hoppi** crafts and sells uniquely beautiful shamanic tools, she also supports people in birthing their own tools, from drums & rattles to wings & fans. You'll be taken on a deep inner journey during the crafting process. You'll be guided to meet the spirit of your tools and build an intrinsic relationship to effect healing and balance in your own life as well as in your community .

Visit our Etsy Store  
[www.etsy.com/uk/shop/LammasDrumStudio](http://www.etsy.com/uk/shop/LammasDrumStudio)

- Make your own drum
- Make your own rattle
- Make your own smudging fan
- Make your own incense and smudge sticks
- Learn the art of effective intention & prayer setting
- Learn to work with your tools
- Experience crafting as a sacred art



“The symbolism of each element in my drum is so rich with meaning and depth for me. I have found and now know my sacred inner sound - I'm feeling so grateful.”  
 Melanie Glickman.



Plants hold the wisdom and healing direct from Mother Nature. They provide the most essential pharmacopoeia direct from the Earth and can facilitate healing of physical, emotional, mental and spiritual dis-ease.

Through ceremonial plant diets, Hoppi supports your sacred initiation in deeply connecting with four primary European plants to begin your journey into Plant Spirit Shamanism.



**PRIMROSE** (*Primula*) - Element of Water - Spring  
 She opens inner doors to the light of Source within.

**ROSE** (*Rosa*) - Element of Fire - Summer  
 She invokes love, beauty, purity & sacred silence.

**BIRCH** (*Betula*) - Element of Air - Autumn  
 She is known for her protective magical abilities.

**OAK** (*Quercus*) - Element of Earth - Winter  
 He is considered 'King of the Forest' and the holy tree of Europe.

Each Plant Spirit Initiation takes place in complete silence with dietary preparation before and after the retreat. Follow up guidance and plant tinctures are provided for continuing your Plant Spirit connection. Further details can be found on Hoppi's website.

“These beautiful plants hold profound intelligence, insight and spiritual depth. Each has its own energy, character and teachings. Plant Dieting is an ancient Shamanic practice to rekindle your deepest connection with Nature.”